



PILGRIM LUTHERAN CHURCH

44 CHAPEL ROAD – KENMORE, NY 14217

(716) 875-5485

[www.pilgrimlutherankenmore.org](http://www.pilgrimlutherankenmore.org)

*A Congregation in Mission, Community and Service*

# *PILGRIM'S PROGRESS*

**JUNE 2026**

PASTOR: Rev. David Walsh

SUNDAY SCHOOL: 9:00 AM

EDITOR: Mary Werth

TUESDAY BIBLE STUDY: 6:00 PM

ASSOC. EDITOR:

WORSHIP: 10:00 AM





We continue our look at the service of Compline; we pick up at the bottom of page 255 with the responsory. This responsory comes from Psalm 31 verse 5 which reads, "Into your hand I commit my spirit; you have redeemed me, O Lord, faithful God." The verses of one and two of this responsory communicate both parts of this Psalm verse, in verse one we focus on commit, the idea that we give up our spirit to the Lord; not in the sense of Christ on the cross or St. Stephen at his stoning in which they both die, rather give up the sinful self and our personal wills to God and His will. The second verse focuses on the redeeming work of the Lord, in of our selves we cannot redeem ourselves from sin and the punishment we deserve, however, He can and does for us. This committing and redeeming we need constantly throughout the day, for we are always tempted to give ourselves over to our will and we are in constant need of redeeming, and so we in the morning, the noon time, and when we go to rest need to commit ourselves to the Lord and ask for His redemption. The third verse is the gloria verse, in which we give honor to Father, Son, and Holy Spirit who guard and keep our faith.

After the responsory a hymn may be sung, and since we are Lutherans, "the singing church," I would encourage the singing of a hymn. After the hymn we begin the prayer section of the service in which we start out with some responsories on page 256, which includes: Psalms 102 verse 1 "Hear my prayer, O Lord; let my cry come to you!" Psalm 17:8 "Keep me as the apple of your eye; hide me in the shadow of your wings," and Psalm 17:15 "As for me, I shall behold your face in righteousness; when I awake, I shall be satisfied with your likeness." As you can see the first two are taken word for word out of the Psalm, whereas the third one is changed up a bit to fit the responsory style for worship while keeping the essence. These verses call us to turn to Him and to ask Him to hear our prayers.

This takes us to page 257, in which we have our prayer petitions. Notice the 5 parts of the prayers: 1. First address to God (typically to God the Father) 2. Truth, quote, promise from Scripture 3. The petition 4. Second address (typically to God the Son) 5. The amen. These prayers have the theme of overnight concerns. The first one has us ask God that though life may change, the rest He gives does not, and may He watch over us while we sleep, which He has promised to do. The second one has us asking God to watch over our bodies over the course of our whole life in which we walk through "the valley of the shadow of death" (Psalm 23:4) and to keep us until He gives us the final rest in eternity beginning on the last day. In the third prayer, we ask Christ our light and life to shine, that we may be protected from the darkness. The fourth prayer has us call on Him to send His Angels to guard and watch over us, that we may be kept from the evil one and may have His eternal peace, which only He can give. In the fifth prayer we pray that the Lord would watch over those who work overnight, that they would be kept awake and given the strength to do their duties well. We also confess that all hours of the day are His, for they are His creation and that He still takes care of those hours as well. Lastly the sixth prayer is an all-encompassing prayer in which we give thanks for the day He has given us and the rest He is about to give us. We pray not just for ourselves but also for the whole church. We pray that He would keep us in faith through Word and Sacrament, and we pray for the strength to overcome the attacks of the Devil and His darkness.

Christ blessings

Rev. David J. Walsh



## SUNDAY SERVER SCHEDULE JUNE 2026

**(SUBJECT TO CHANGE)**

WEEKEND OF	Jun. 6, 7	Jun. 13, 14	Jun. 20, 21	Jun. 27, 28
READER (Sun)	Pastor	Pastor	Pastor	Pastor
USHERS	Christy Gempko/ Ed Walsh	Steve Gempko/ Ed Walsh	Mike & Dianne Wuerch	Jim Hartz/ Melody Keef
COMMUNION ASSISTANT	Jim Hartz	Mike Wuerch	Jim Hartz	Ed Walsh

**If you cannot serve on the day scheduled, please notify Ed Walsh (585) 747-1503, Mike Wuerch (716) 481-2624 or Steve Gempko (716) 602-0234. ALSO, PLEASE CALL AMBER SO SHE CAN CORRECTLY PUT THE CHANGE IN THE BULLETIN. Thank you.**



### COUNTERS

**(IF YOU ARE UNABLE TO COUNT THE DATE YOU ARE ASSIGNED, PLEASE LET JIM HARTZ KNOW.)**

June 7	June 14	June 21	June 28	
Sue Holway	Dianne Wuerch	Mike Wuerch	Carolyn Alessi	
Kathy Farkas	Janice Vogel	Dolores Zeeb	Ruth Whitmer	



## Birthdays & Anniversaries This Month!

<b>Donna Vogel</b>	<b>Jun. 1</b>
<b>Rod Mohr</b>	<b>Jun. 3</b>
<b>Mike Wuerch</b>	<b>Jun. 9</b>
<b>Robert Schober</b>	<b>Jun. 10</b>
<b>Lee Trimmer</b>	<b>Jun. 11</b>
<b>Janie McClain</b>	<b>Jun. 14</b>
<b>Jim Rodgers Sr.</b>	<b>Jun. 18</b>
<b>Madelyn Alessi</b>	<b>Jun. 26</b>
<b>Diane Jakubowski</b>	<b>Jun. 27</b>
<b>Mary Werth</b>	<b>Jun. 28</b>

<b>Jun. 17</b>	<b>Gary &amp; Karen Smith</b>
<b>Jun. 22</b>	<b>Paul &amp; Sue Holway</b>
<b>Jun. 23</b>	<b>Ed &amp; Jeannie Walsh</b>



### **A Child's Favorite Word**

A 6-year-old boy attended a church conference with his parents. After listening for a short while, he began to fidget in his seat. To help him settle down, his mother handed him a notepad and pencil and suggested he make a mark every time the speaker said the word "and."

Before long, the boy grew restless again. "Would you like to listen for a different word?" his mother whispered.

"Yes," he replied. "I'd like to listen for 'Amen.'"



## ESTHER CIRCLE

Our meeting will be on Monday, June 8<sup>th</sup>, at 12:30 p.m. at the church. All women of Pilgrim are welcome to attend. We received a donation from Naomi George's family and purchased a Dogwood tree to be planted on the Chapel Road side of the church. We also planted some flowers alongside the front door and elevator entrances to the church. It will be called "Esther's Garden" in honor of Naomi's mother Esther Schwartz. Thank you for the thoughtful donation.

We will be having our Bake Sale on Saturday, July 11<sup>th</sup>, from 9 a.m. – 3 p.m. This is in conjunction with The Pals hot dog event. We need baked goods. There is a sign-up sheet posted on the announcement board near the entrance into the sanctuary. We appreciate your support.

**REMINDERS:** Please keep submitting your Dash's receipts to Sue Holway. The amount has been lower than usual. We are looking for support with this outreach. Mites go to Karen Smith or place them in the large box at the back of the church. Cancelled stamps go to Sharon McGuan. All these donations support various mission outreach projects. Thank you.

June - the start of Summer. Take time to enjoy all the colorful flowers, warm sunshine and God's creation. Blessings to you all. 🙏

Carol Obot



## KIDS ON SCIENCE

One horsepower is the amount of energy it takes to drag a horse 500 feet in one second.

You can listen to thunder after lightning and tell how close you came to getting hit. If you don't hear it, you got hit, so never mind.

A vibration is a motion that cannot make up its mind which way it wants to go.

We say the cause of perfume disappearing is evaporation. Evaporation gets blamed for a lot of things people forget to put the top on.

To collect fumes of sulfur, hold a deacon over a flame in a test tube. When you smell an odorless gas, it is probably carbon monoxide.

# Esther Circle **BAKE SALE** *and* **PALS HOT DOG SALE**



*Together for Our Community!*



**SATURDAY, JULY 11<sup>TH</sup>**

## Esther Circle **BAKE SALE**

**9:00 AM – 3:00 PM**

Cookies, Brownies,  
Muffins, Breads,  
Cakes, Pies, etc.



## **PALS HOT DOG SALE**

**11:00 AM – 3:00 PM**

Hot Dogs,  
Chips &  
Soda Pop



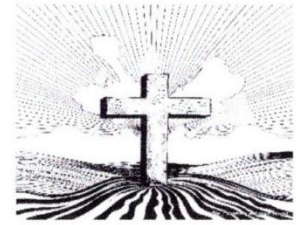
*Profits Will Benefit Our Community Missions*



**PILGRIM LUTHERAN CHURCH**

44 CHAPEL ROAD  
KENMORE, NY 14217

Catechesis page: We encourage you to put this on your fridge and learn God's Word and things that help us better understand it together.



June 2026

Did you know? June 25<sup>th</sup> is the remembrance of the Presentation of the Augsburg Confession. The Augsburg Confession was written to give the Roman Catholic Church a summary of what we as Lutherans believe. When those who presented it did so, they were potentially putting their lives in danger. It was presented in 1530. It is one of the many documents in the Book of Concord.

Bible verse of the month: "For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life." -John 3:16

Catechism: The First Petition of the Lord's Prayer and its explanation

Hallowed be Thy name. What does this mean? God's name is certainly kept holy in itself, but we pray in this petition that it may be kept holy among us also.

Liturgical seasons and colors (look on the altar and pastor) for June: Weeks after Pentecost-green

Christian symbol of the month: On June 26 we remember the prophet Jeremiah. His symbol is stones because tradition says he was martyred by stones. He wrote the book of Jeremiah and the book of Lamentations.

Hymn of the month: (definitely check out the other verses in the hymnal, for the sake of space we have v. 1 only [here](#)). God Loved the World So That He Gave-LSB #571

V.1 God loved the world so that He gave

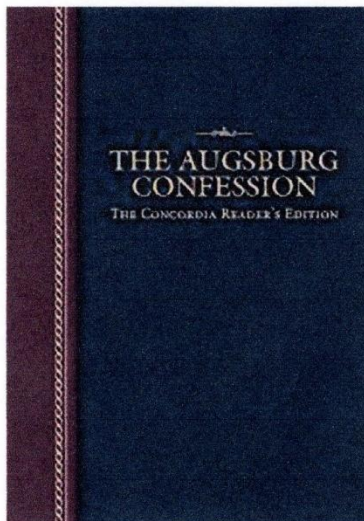
His only Son the lost to save,

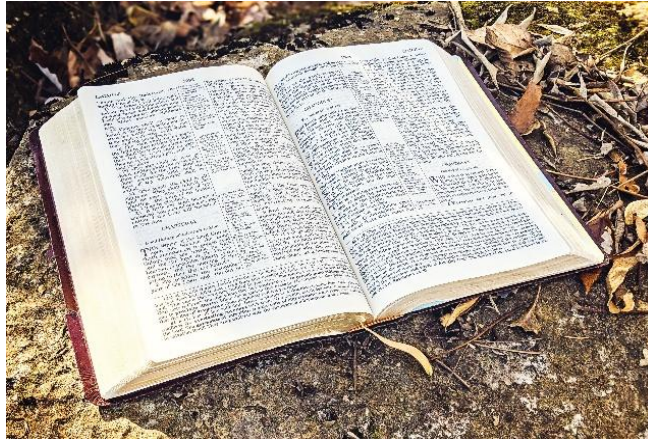
That all who would in Him believe

Should everlasting life receive



"It is also taught among us that we cannot obtain forgiveness of sin and righteousness before God by our own merits, works, or satisfactions, but that we receive forgiveness of sin and become righteous before God by grace, for Christ's sake, through faith, when we believe that Christ suffered for us and that for his sake our sin is forgiven and righteousness and eternal life are given to us. For God will regard and reckon this faith as righteousness, as Paul says in Romans 3:21-26 and 4:5. -Article 4 (Justification) of the Augsburg Confession





Jun 1 – 1 Corinthians 3	Jun 9 – 1 Cor. 8	Jun 17 – 1 Cor. 14:1-25	Jun 25 – 2 Cor. 2
Jun 2 – 1 Corinthians 4	Jun 10 – 1 Cor. 9	Jun 18 – 1 Cor. 14:26-40	Jun 26 – 2 Cor. 3
Jun 3 – 1 Corinthians 5	Jun 11 – 1 Cor. 10:1 – 11:1	Jun 19 – 1 Cor. 15:1-34	Jun 27 – Prov. 26:1-14
Jun 4 – 1 Corinthians 6	Jun 12 – 1 Cor. 11:2-34	Jun 20 – Prov. 25:1-14	Jun 28 – Prov. 26:15-28
Jun 5 – 1 Cor. 7:1-24	Jun 13 – Prov. 24:1-16	Jun 21 – Prov. 25:15-25	Jun 29 – 2 Cor. 4
Jun 6 – Prov. 23:1-18	Jun 14 – Prov. 24:17-34	Jun 22 – 1 Cor. 15:35-58	Jun 30 – 2 Cor. 5
Jun 7 – Prov. 23:19-35	Jun 15 – 1 Cor. 12	Jun 23 – 1 Cor. 16	
Jun 8 – 1 Cor. 7:25-40	Jun 16 – 1 Cor. 13	Jun 24 – 2 Cor. 1	



## **I Am the Bible**

I am the Bible, God’s wonderful library.  
I am always — and above all — the truth.

To the weary pilgrim, I am a strong staff.  
To those who sit in darkness, I am glorious light.  
To those who stumble beneath heavy burdens, I am sweet rest.  
To those who have lost their way, I am a safe guide.

To those who are sick in sin, I offer healing, strength and forgiveness.  
To the discouraged, I bring a glad message of hope.  
To those distressed and tossed by the storms of life, I am an anchor, sure and steadfast.  
To all who search for salvation, I reveal the Savior of the world.

I am the Bible.

# June



# 2026

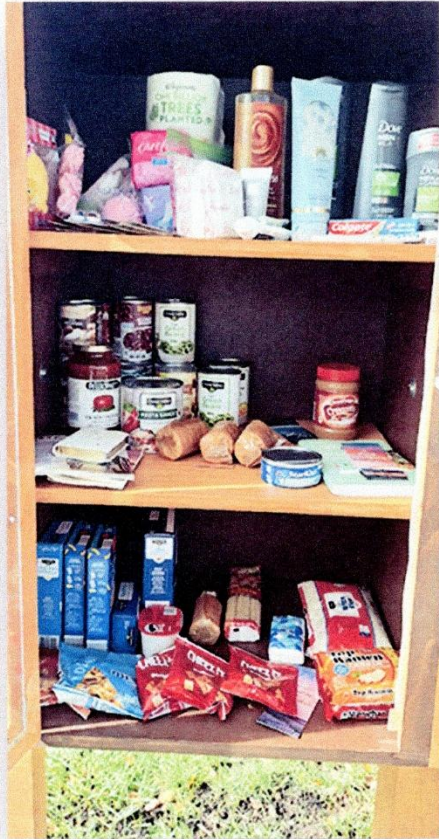
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 St. Justin (Martyr)	2	3	4	5 St. Boniface of Mainz (missionary to Germany)	6
7	8	9	10	11 St. Barnabas (apostle)	12 Remembrance of the Council of Nicaea	13
14 Elisha (prophet)	15	16	17	18	19	20
21	22	23	24 Nativity of St. John the Baptist	25 Remembrance of the Presentation of the Augsburg Confession	26 Jeremiah (prophet)	27 St. Cyril of Alexandria (Pastor and Confessor)
28 St. Irenaeus of Lyons (Pastor)	29 St. Peter and St. Paul (apostles)	30				

## The Quiet Power of Faithfulness

The greatest forces in the universe are rarely spectacular. Gentle summer showers often do more lasting good than hurricanes, though they draw little attention. The world depends on the faithfulness, loyalty and dedication of countless people whose names are never known.

Every life, no matter how humble, has a role in shaping a better world and a more beautiful tomorrow. It is easy to overvalue what seems impressive and underestimate what appears ordinary. Yet lasting change is most often built through quiet commitment, patient service and faithful hearts doing what matters most, day after day.

## Pilgrim Lutheran's Blessing Box to Support Our Community



The Blessing Box continues to be a success and relies on ongoing support. Donations of non-perishable food, hygiene items (soap, toothpaste, deodorant, etc.), disinfectant wipes, and paper products are appreciated.

A tote is available in the back of the church for donations.

Monetary gifts may be made using a pew envelope—please note "Blessing Box." Thank you for your continued support of this mission.



# MAY 17 – VOLUNTEER APPRECIATION LUNCH





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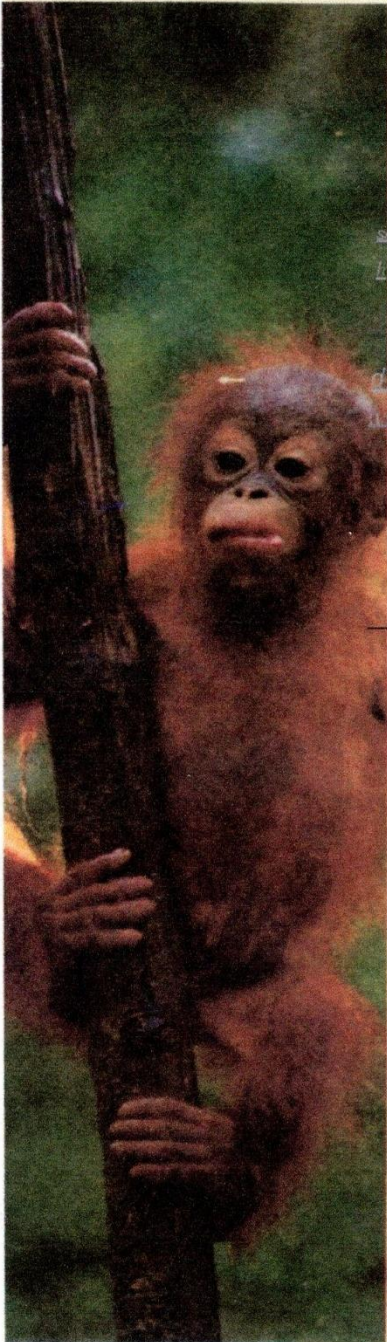


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# Letter to my sponsor

Tanggal [Date] 11 Apr. 2026



Shalom Friends Sudah lama kita tidak berbalas surat lagi, Apa kabar disana? Saya harap friends dan keluarga Friends Sehat Sejahtera dan diberkati. Saya harap Friends diberi kekuatan dalam kesehariannya.

Salam '01 d. P. 11/25/26

Kedua BOP d. 11/25/26

Kedua - kedua Saya bermain

bersama Teman - Teman

Kid311 S. 12. 11/25/26

11/25/26

Tuhan Sejahtera Menyertai kita Semua. sampai berjumpa di surat berikutnya, Tuhan Yesus Memberkati.

Salam Kasih dari ARI

## Translation

April 27th 2026. Shalom (peace of God be with you). Dear my friends, it has been a while since the last time I wrote you. How are you doing? I hope that you all are doing well and healthy and blessed by God. I pray that you stay safe and healthy and strong in doing your activities. Here in my place, we are in dry season. My hobby is playing soccer. I play sometimes with my friends. I also usually help my parents at home. That is all for now. May God bless us all. Until next time. I look forward to hearing from you. Jesus blesses us all. Love April



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Staying connected is what **Thred**, LHM's digital resource for life and faith at **thred.org**, is all about. And that's the idea behind its recently launched weekly e-newsletter: a thought-provoking, easy-to-read message that wants to know what your *take* is on living as a Christian in an ever-changing, ever-challenging world.

"We want to deepen our relationship with Thred followers," says Rachel Tichich, manager of digital strategy and development. "We're using this email platform as a means of reaching our 22,000- plus (and growing!) subscriber base with content that's Gospel rich, that nurtures a relationship with them, and that equips them for sharing their faith in this day and age."

The latest e-news topics have addressed joy, sharing our faith, our connection to the "stuff" we own, being in charge, owning versus giving, and feeling sufficient. Tracking prior Thred email responses has shown that people are interested in faith empowerment; in establishing and maintaining trust with others; in getting to that elusive—but attainable—place where faith conversations aren't so strange and difficult; and in better understanding how a Christian's worth is tied completely to Christ.

In each e-news, there's a feedback mechanism built in where users can answer a multiple-choice question, or they can add their own comments in an open-text format. This has led to some healthy exchanges.

"It's been encouraging to read the thoughtful and heartfelt responses we've received from members of the Thred community. We're honored to continue offering content that resonates with them and equips them to live out their faith, including online," says Andréa Vasilo, content writer for LHM.

These contacts lead to Thred sharing LHM resources, too. "Recently, we had someone chatting with Thred specifically about the topic of how to love your neighbors online in the midst of some pretty volatile digital conversations in our society. We learned that he's a Christian and not only open to more resources on the topic but actively seeking them. We're currently in communication with him, providing him with links to relevant **Project Connect** booklets and other LHM courses," says Tichich.

Thred's new e-newsletter is just one of the many ways it makes online connections with its audience. At **thred.org** you'll find dozens of Christ-centered, faith-enriching blogs in six different categories. FREE, downloadable resources like Thred courses, in-depth PDFs, and a sermon kit for pastors are available. And of course, you can follow Thred on social media.

## 2025–2027 Mission Grant #10

### Healing Your Heart — Faith-based Child Counseling

#### Lutheran Counseling and Family Services of Wisconsin, U.S.

##### About This Mission Grant

Protecting and nourishing the mental health and well-being of children is the mission of Lutheran Counseling and Family Services of Wisconsin (LCFS). They protect a child's integrity, self-worth, spiritual well-being, and mental health through professional compassionate Christian counseling.

The outpatient child therapy clinic was expanded in August 2023 and the number of children served by LCFS grew beyond capacity in six months. The clinic needs to expand its services again to meet the demands and needs of countless children in the greater Milwaukee community.

As children get better and stronger, the lives of parents, siblings, and other family members often improve. LCFS also deploys trained therapists to respond to community crises and offer Christ's healing.

This grant will increase the number of therapists working in the clinic from five to seven, purchase therapeutic toys, and develop promotional materials to present to LCMS churches and groups.



Leija Elezovic, Lead Child and Family Therapist at LCFS, demonstrates play as a therapeutic technique. The children pictured are not actual LCFS clients. The Health and Insurance Portability and Accountability Act (HIPAA), which provides data privacy and security provisions for safeguarding medical information, limits the way LCFS can use photographs of clients in therapy.



LCFS child therapy play-room in the Healing Your Heart clinic at its Wauwatosa, WI location.



Lutheran Counseling and Family Services of Wisconsin has been serving members of The Lutheran Church—Missouri Synod (LCMS) congregations and the community for the past 128 years. Facing a great demand and need, the organization is seeking to expand its child mental health counseling clinic.



## Cyber Corner for June

Lately attacks on systems have been coming far more often than ever before. I want to share with you something that happened to me recently, where I was attacked by some really bad viruses. In this article I want to review some of the key points to protect yourself. First, let me tell you about some of the viruses that my system detected. One was a RAT (Remote Access Trojan). This virus will save anything you type, copy, or paste and send it to the hackers. So, if you type something like your bank account username and password on a bank site, they will have it. The other really bad virus I got was a ransomware virus (Win64:GoHive-A [Ransom]). This virus will encrypt your files, so you cannot use them, and they will tell you that you must pay the hackers to get into them again; and there is no saying they will get you back into your files after you pay them. When this happened, I ran a full scan to ensure there was nothing else. You should run a full scan, restart and run a scan again. For the ransomware virus you should have everything backed up to the cloud (like your One drive or Norton's cloud storage). They cannot reach there as easily, and if you have to wipe your machine to get rid of the virus you can bring back your files; and not have to pay them. You then should also change any banking and email passwords after you are sure your system does not have anything on it. I also scan for viruses daily.

Now let's say they have your financial institution username and password; they still need to get past the 2-factor authentication that hopefully you had set up. Now if you remember my article on this, I told you to set a SIM password with your phone company. This was if they call your phone carrier and try to get them to set up a SIM on their phone, they should not be able to do this without them giving the SIM password. You can also set it up that they cannot move the SIM to another device without physically seeing ID in one of their stores. Also, let me add that you should also have a strong password on your phone in case it is lost or stolen.

As I have mentioned in past articles, due to data breaches, hackers can get a lot of information on you including usernames and passwords you have used. So you should constantly change all your credentials that you use on web sites. Also pay attention to any sites that your virus protection program suggests you should change. Use very long passwords with a mixture of upper and lowercase numbers and letters and special characters. For this, it is a good idea to use a password manager.

Remember too, you are not just worried about them getting into your bank and credit card accounts. You also need to be concerned about them pretending to be you and opening accounts in your name; and running up a credit card bill that you will not know about. This is where you need to set alerts and as I also mentioned put freezes on your accounts with the three major credit bureaus (Equifax, Experian, and TransUnion). This will help prevent someone from getting a credit report, and in most cases if they can't get a report the company will not give them a card. You should also set a fraud alert in these bureaus, this way they will be extra careful if someone tries to get credit. Review your credit reports at least monthly for score drops or inquiries that are not from you or anything else that is strange.

You should have the same anti-virus you have on your PC on your phone and tablets; I recommend Norton 360 and/or Malwarebytes, and it is not a bad idea to have both if you can.

You should never use Wi-Fi outside, because hackers can hijack it. You also should use a strong VPN (I like NordVpn or Norton's), to hide your connection. This helps prevent them from tracking what you are doing on the web.

Use a separate encrypted email service and have all your financial banking emails go to that email; here I like Proton Mail. You should not use this email anywhere outside of the financial institutions and do not email this account from another email service you have; to keep it fully anonymous as possible.

Be careful what you download, for example free games or software. Hackers often put malware in free software products like games. Sometimes you can also have a legit piece of software that lowers your permissions to allow their software to work, and the hacker uses that to get into your system; or the hacker gets to add malware to the package of legit software you download. So, you really must be careful of what you install on your machine or phone, and what they want you to do to install it. Also, if you are using a service on the web and they tell you that you need to turn off your VPN and any anti-virus you may have to use their service, well that is a decision you have to make but I would avoid doing that if possible. If you are in Edge or Chrome, you can use Ctrl + Shift + N for private browsing or use DuckDuckGo; again, to help prevent being tracked.

Any email or text message you get that wants you to click on something – DON'T, unless you are really sure you trust the message; I rarely do trust it. Remember hackers/scammers will make it look like it comes from a legit source. Always check the source by hovering over the links in the emails in the text to see where it is going. Look up the place they want you to go and go there indirectly, especially if they are threatening you and telling you to rush and do something. Take your time and check it out.

Never use anything you may find in the street, or even free at conventions, like flash drives or even cables, they all can have viruses in them. Never give even family or friends your wi-fi password give them a guest password; and this goes for any username and password. If it sits on their phone someone can get it in a hack.

Finally, keep good security settings on your router and change the passwords to it often.

# WORDS THAT HONOR DAD!

Create this artwork to show your love and appreciation for your dad or another special man this Father's Day.



**What you need:**

- A white painting canvas, foam-core board or poster board
- Letter stickers or letter stamps

**What you do:**

1. Using the letters, spell out words that describe your dad's character (loving, honest, godly, etc.) and/or his roles (protector, provider, mentor, etc.).
2. Arrange the words in a crossword-style design, placing them both horizontally and vertically.
3. Once you're happy with the layout, stick the words onto the canvas or board.
4. Decorate the canvas as you like, then present it as a meaningful reminder of your love and appreciation for who he is.



## REMEMBERING OUR HEAVENLY FATHER

Father's Day is a time to thank our father and father-figures who work hard to keep our families safe and loved. Let us also remember God, our heavenly Father, who gives life to us all.

Use the grid to fill out the blanks below. To find the letter for each number, look down the column to the dot, and then go to the left to the letter. Write the letter on the appropriate blank.

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
A						.														
B									.											
C										.										
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V	.																			
W																.				

16 1 6 3 10 5 17 6 3 14 15 2 17 3 1 17 8 6 3

1 17 5 1 6 20 14 6 2 13 20 1 17 7 15 18 4 20

3 1 6 3 16 17 20 1 15 4 14 7 9 17

11 1 13 14 17 7 11 1 13 14 7 5 17 18 15 8 10 15 7

1 John 3:1, NIV

Answer: What great love the Father has lavished on us, that we should be called children of God!

**THE DEADLINE FOR SUBMISSIONS FOR THE JULY NEWSLETTER IS JUNE 23<sup>RD</sup>.**